# The Gaussian isoperimetric inequality

The classical isoperimetric inequality in Euclidean space expresses that balls are the sets with minimal surface measure given the volume. A similar property holds true on the sphere, on which geodesic balls (caps) are the extremizers of the isoperimetric problem.

Equip now  $\mathbb{R}^n$  with the standard Gaussian probability measure  $\gamma_n$ , with density  $\frac{1}{(2\pi)^{\frac{n}{2}}} e^{-\frac{1}{2}|x|^2}$ ,  $x \in \mathbb{R}^n$ , with respect to the Lebesgue measure. For a fixed Gaussian measure  $\gamma_n(A)$ , what are the Borel sets A with the minimal surface measure (in the sense for example, of the Minkowski content  $\gamma_n^+(A) = \liminf_{r \to 0} \frac{1}{r} [\gamma_n(A_r) - \gamma_n(A)]$ )? The striking answer is that half-spaces H are the extremal sets of the Gaussian isoperimetric problem.



The Gaussian isoperimetric inequality is part of a family of geometric inequalities satisfied by Gaussian measures, described in the parallel note [1]. Due to its dimension-free character,

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it is a main tool in the analysis of infinite-dimensional Gaussian measures and vectors, and and the root of concentration inequalities (cf. [2]). This text reviews the known proofs of the Gaussian isoperimetric inequality.

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References

# 1 The Gaussian isoperimetric inequality

Let  $\gamma_n$  be the standard Gaussian probability measure on the Borel sets of  $\mathbb{R}^n$ , with density  $\varphi_n(x) = \frac{1}{(2\pi)^{\frac{n}{2}}} e^{-\frac{1}{2}|x|^2}$ ,  $x \in \mathbb{R}^n$ , with respect to the Lebesgue measure. Denote by  $\Phi(t) = \int_{-\infty}^t \varphi_1(x) dx$ ,  $t \in \mathbb{R}$ , the (continuous, strictly increasing) distribution function in dimension one, and define then the Gaussian isoperimetric profile

$$\mathcal{I}(s) = \varphi_1 \circ \Phi^{-1}(s), \quad s \in [0, 1].$$
(1)

The function  $\mathcal{I}$  is symmetric along the vertical line  $s = \frac{1}{2}$ , and such that  $\mathcal{I}(0) = \mathcal{I}(1) = 0$ . It is worthwhile observing that  $\mathcal{I}(s) \sim s \sqrt{2 \log(\frac{1}{s})}$  as  $s \to 0$ .



Given r > 0,  $A_r = \{x \in \mathbb{R}^n; \inf_{a \in A} |x - a| \le r\}$  is the (closed) *r*-neighborhood of a set *A* in  $\mathbb{R}^n$ . The (Gaussian) outer Minkowski content of Borel set *A* is defined as

$$\gamma_n^+(A) = \liminf_{r \to 0} \frac{1}{r} \left[ \gamma_n(A_r) - \gamma_n(A) \right].$$

**Theorem** [The Gaussian isoperimetric inequality] For any Borel set A in  $\mathbb{R}^n$ ,

$$\gamma_n^+(A) \ge \mathcal{I}(\gamma_n(A)). \tag{2}$$

Equality is achieved on the half-spaces  $H = \{x \in \mathbb{R}^n; \langle x, u \rangle \leq h\}$  where u is a unit vector and  $h \in \mathbb{R}$ .

The measure of a half-space is computed in dimension one,  $\gamma_n(H) = \Phi(h)$ , and its boundary measure is

$$\gamma_n^+(H) = \liminf_{r \to 0} \frac{1}{r} \left[ \Phi(h+r) - \Phi(h) \right] = \varphi_1(h).$$

The Gaussian isoperimetric inequality thus expresses equivalently that, if H is a half-space such that  $\Phi(h) = \gamma_n(H) = \gamma_n(A)$ , then

$$\gamma_n^+(A) \ge \gamma_n^+(H), \tag{3}$$

and half-spaces are the extremal sets of the Gaussian isoperimetric problem.

Integrating along the neighborhoods, (3) is equivalently formulated as

$$\gamma_n(A_r) \ge \gamma_n(H_r), \quad r > 0, \tag{4}$$

provided that  $\gamma_n(A) = (\geq) \gamma_n(H)$ , or

$$\Phi^{-1}(\gamma_n(A_r)) \ge \Phi^{-1}(\gamma_n(A)) + r, \quad r > 0$$
(5)

(since  $\gamma_n(H_r) = \Phi(h+r)$ ).

Linear (affine) transformations yield the isoperimetric statement for any Gaussian measure. The dimension-free character allows furthermore for an infinite-dimensional formulation on an abstract Wiener space  $(E, \mathcal{H}, \mu)$ , developed first in [10], as

$$\Phi^{-1}\big(\mu(A+r\mathcal{K})\big) \ge \Phi^{-1}\big(\mu(A)\big) + r, \quad r \ge 0,$$

where  $\mathcal{K}$  is the unit ball of the reproducing kernel Hilbert space  $\mathcal{H}$  (cf. [3]). (Here  $A + r\mathcal{K} = \{a + rh; a \in A, h \in \mathcal{K}\}$ , which, in  $\mathbb{R}^n$ , amounts to  $A_r$  for  $\mathcal{K}$  the Euclidean unit ball.)

The following sections briefly present the various known proofs of the Gaussian isoperimetric inequality.

# 2 Limit of spherical isoperimetry

In the neighborhood formulation, the isoperimetric inequality for the (normalized) uniform measure  $\sigma_N$  on the *N*-sphere  $\mathbb{S}^N$  in  $\mathbb{R}^{N+1}$ , due to P. Lévy [25] and E. Schmidt [31], expresses that whenever *A* is a Borel set in  $\mathbb{S}^N$ , and *B* a spherical cap (geodesic ball) such that  $\sigma_N(A) =$  $(\geq) \sigma_N(B)$ , then

$$\sigma_N(A_r) \ge \sigma_N(B_r) \tag{6}$$

for any  $r \ge 0$ , where  $A_r$  is the r-neighborhood of A in the geodesic metric.

It is a folklore result, usually quoted as "Poincaré's lemma", that the normalized uniform measure on the sphere  $\sqrt{N} \mathbb{S}^N$ , when projected on a *n*-dimensional subspace, converges as  $N \to \infty$  to the standard *n*-dimensional Gaussian measure (cf. e.g. [24]). Via this limit, V. Sudakov and B. Tsirel'son [32], and C. Borell [10], independently, put forward the Gaussian isoperimetric inequality from the corresponding one on the sphere, the extremal spherical caps turning into half-spaces.

# **3** Gaussian symmetrization

Classical proofs of the isoperimetric inequality on the sphere use symmetrization techniques (see e.g. [19]). It is the contribution of A. Ehrhard [16] to have introduced a powerful (Steiner) symmetrization procedure specifically attached to the Gaussian framework, with which he provided a direct independent proof of the Gaussian isoperimetric inequality (along the standard symmetrization scheme). Specifically, given a Borel set A in  $\mathbb{R}^n$ , and u a direction vector, define the (Gaussian) symmetrized set  $A^*$  (in the direction u) such that, for any  $x \in (\mathbb{R}u)^{\perp}$ ,  $A^* \cap (x + \mathbb{R}u) = (-\infty, a]$  where  $a \in [-\infty, +\infty]$  is given by

$$\Phi(a) = \gamma_1 \big( A \cap (x + \mathbb{R}u) \big).$$

Then  $\gamma_n(A^*) = \gamma_n(A)$ , and the task is to show that symmetrization decreases the boundary measure  $\gamma_n^+(A^*) \leq \gamma_n^+(A)$ . For infinitely many directions u, the resulting symmetrized set is a half-space.

# 4 Kernel rearrangement inequality

For Borel sets A, B in  $\mathbb{R}^n$ , and t > 0, set

$$K_t(A,B) = \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \mathbb{1}_A(x) \mathbb{1}_B \left( e^{-t} x + \sqrt{1 - e^{-2t}} \right) y \right) d\gamma_n(x) d\gamma_n(y) d\gamma_n($$

It has been shown by C. Borell [11], using the Gaussian symmetrization technology of [16, 17], that, whenever H is a half-space with the same Gaussian measure as a Borel set A, then

$$K_t(A,A) \le K_t(H,H). \tag{7}$$

A heat flow argument of this inequality is provided in [29], extended in a diffusion process picture in [18]. It is shown in [23, 24] that, for any Borel set A and any t > 0,

$$\gamma_n(A) - K_t(A, A) = K_t(A, A^c) \le \frac{\arccos(e^{-t})}{\sqrt{2\pi}} \gamma_n^+(A),$$

and that, if H is a half-space,

$$\lim_{t \to 0} \frac{\sqrt{2\pi}}{\arccos(e^{-t})} K_t(H, H^c) = \gamma_n^+(H).$$

Combined with (7), the latter yields that  $\gamma_n^+(A) \ge \gamma_n^+(H)$  whenever  $\gamma_n(A) = \gamma_n(H)$ , that is the Gaussian isoperimetric inequality.

## 5 Brunn-Minkowski inequality

In [16], A. Ehrhard discovered, using Gaussian symmetrization, an improved form of the Brunn-Minkowski inequality for Gaussian measures

$$\Phi^{-1}\big(\gamma_n(\theta A + (1-\theta)B)\big) \ge \theta \Phi^{-1}\big(\gamma_n(A)\big) + (1-\theta) \Phi^{-1}\big(\gamma_n(B)\big)$$
(8)

for any  $\theta \in [0, 1]$  and any convex bodies A, B in  $\mathbb{R}^n$ . This inequality has been extended to the case of only one convex body in [22], and finally to all Borel sets in [12] by pde methods. New recent proofs include [33, 21, 30].

The inequality (8) applied to B the Euclidean ball with center the origin and radius  $\frac{r}{1-\theta}$  yields (5) as  $\theta \to 1$ .

#### 6 Limit of a two-point inequality

In [8], S. Bobkov showed that for any smooth function  $f : \mathbb{R}^n \to [0, 1]$ ,

$$\mathcal{I}\left(\int_{\mathbb{R}^n} f \, d\gamma_n\right) \leq \int_{\mathbb{R}^n} \sqrt{\mathcal{I}(f)^2 + |\nabla f|^2} \, d\gamma_n.$$
(9)

Applied to a (smooth) approximation of  $f = \mathbb{1}_A$ , this inequality yields (2). This functional form is actually equivalent to (2) when considering the level sets of functions defined on  $\mathbb{R}^{n+1}$ .

The proof of (9) in [8] is based on the two-point inequality

$$\mathcal{I}\left(\frac{a+b}{2}\right) \leq \frac{1}{2}\sqrt{\mathcal{I}(a)^2 + \frac{1}{2}|a-b|^2} + \frac{1}{2}\sqrt{\mathcal{I}(b)^2 + \frac{1}{2}|a-b|^2}$$

for all  $a, b \in [0, 1]$ , and a tensorization argument and the central limit theorem. The stability by product of the functional inequality (9) is indeed a main feature (being true for n = 1, it holds for any dimension n).

# 7 Heat flow monotonicity

A direct heat flow proof of Bobkov's inequality (9) has been presented in [4]. Let

$$p_t(x) = \frac{1}{(4\pi t)^{\frac{n}{2}}} e^{-\frac{1}{4t}|x|^2}, \quad t > 0, \ x \in \mathbb{R}^n,$$

be the standard heat kernel, fundamental solution of the heat equation  $\partial_t p_t = \Delta p_t$ . The convolution semigroup  $P_t f(x) = f * p_t(x), t > 0$ , solves  $\partial_t P_t f = \Delta P_t f$  with initial data f.

At  $t = \frac{1}{2}$ ,  $p_t$  is just the standard Gaussian density so that  $P_{\frac{1}{2}}f(0) = \int_{\mathbb{R}^n} f d\gamma_n$  (while  $P_0 f = f$ ). In order to verify (9), it suffices therefore to show that, for a smooth function  $f : \mathbb{R}^n \to [0, 1]$ , (at any point),

$$P_s\left(\sqrt{\mathcal{I}\left(P_{\frac{1}{2}-s}f\right)^2 + 2s|\nabla P_{\frac{1}{2}-s}f|^2}\right), \quad s \in [0, \frac{1}{2}],$$

is increasing, which is simply achieved taking its derivative (cf. [4]). A martingale proof along the same line, which includes extensions to path (Wiener) spaces, is provided in [7, 14].

# 8 Geometric measure theory

A proof of the Gaussian isoperimetric inequality relying on geometric measure theory is presented in the note by F. Morgan [27], with the suitable version of the Heinze-Karcher

inequality on weighted manifolds. This inequality provides an upper bound on the volume of a one-sided neighborhood of a hypersurface in terms of its mean curvature and the Ricci curvature of the ambient manifold. In Gauss space, it yields

$$\frac{\gamma_n(A)}{\gamma_n^+(S)} \le \frac{\gamma_n(H)}{\gamma_n^+(H)}$$

where S is a minimizing hypersurface enclosing a set A with  $\gamma_n(A) = \gamma_n(H)$ . See also E. Milman [26], relying on regularity of isoperimetric minimizers, both in the interior and on the boundary, as emphasized in the early work by M. Gromov [20].

#### 9 Deficit

A stronger version of the isoperimetric inequality examines lower bounds on the deficit

$$\gamma_n^+(A) - \gamma_n(H^+)$$

in terms of a functional measuring the proximity of a half-space  $H = H_u = \{x \in \mathbb{R}^n; \langle x, u \rangle \leq h\}$ such as  $\gamma_n(H_u) = \gamma_n(A)$ , with the Borel set A. First steps in this investigation involved a geometric analysis with the Ehrhard symmetrization [15], and a study of the deficit in the kernel rearrangement inequality (7) [28, 29, 18]. A variational method is developed by M. Barchiesi, A. Brancolini and V. Julin [6] providing sharp bounds on the deficit. These authors introduce a technique which is based on an analysis of the first and the second variation conditions of solutions to a suitable minimization problem, providing a direct proof of the sharp deficit bound

$$\gamma_n^+(A) - \gamma_n(H^+) \ge c(\gamma_n(A)) \sqrt{\inf_{u \in \mathbb{S}^{n-1}} \gamma_n(A \Delta H_u)}$$

(where  $c(\gamma_n(A)) > 0$  only depends on the measure of A).

#### 10 Extension to strongly log-concave measures

The Gauss space and measure is a model example (of positive curvature and infinite dimension in the language of [5]) to which other examples may be compared. A most natural and famous instance is the case of a probability measure  $d\mu = e^{-V}dx$  on  $\mathbb{R}^n$  whose potential  $V : \mathbb{R}^n \to \mathbb{R}$  is more convex than the quadratic potential, that is  $V(x) - \frac{c}{2}|x|^2$ ,  $x \in \mathbb{R}^n$ , is convex for some c > 0. A main result in this setting is that the isoperimetric profile  $\mathcal{I}_{\mu}$  of  $\mu$ is bounded from below by the Gaussian one. That is, if

$$\mathcal{I}_{\mu}(s) = \inf \left\{ \mu^{+}(A); \mu(A) = s \right\}, \quad s \in [0, 1],$$

where the infimum is running over all Borel sets A in  $\mathbb{R}^n$  (and with a definition of  $\mu^+(A)$  similar to  $\gamma_n^+(A)$ ), then

$$\mathcal{I}_{\mu} \ge \sqrt{c} \, \mathcal{I}. \tag{10}$$

The property (10) has been established in [4] by the heat flow monotonicity method (Section 6). A proof using needle decomposition has been proposed in [9]. A celebrated contraction principle in optimal transport by L. Caffarelli [13], expressing that  $\mu$  is the  $\frac{1}{\sqrt{c}}$ -Lipschitz image of  $\gamma_n$ , produces a neat and direct proof of (10) (although not saying anything on the Gaussian case itself). The geometric measure theory approach outlined in Section 7 covers the framework of weighted Riemannian manifolds with (generalized) curvature bounded from below by a positive constant, also covered by the heat flow argument (cf. [4, 5]).

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