

# The Herbst argument

In the seminal 1975 contribution [5], L. Gross emphasized a logarithmic form of the classical Sobolev inequality for Gaussian measures.

Let  $\gamma = \gamma_n$  be the standard Gaussian probability distribution on  $\mathbb{R}^n$ , with density  $\frac{1}{(2\pi)^{\frac{n}{2}}} e^{-\frac{1}{2}|x|^2}$ ,  $x \in \mathbb{R}^n$ , with respect to the Lebesgue measure. The logarithmic Sobolev inequality (for  $\gamma$ ) expresses that, for every smooth (locally Lipschitz) function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  such that  $\int_{\mathbb{R}^n} f^2 d\gamma < \infty$ ,

$$\int_{\mathbb{R}^n} f^2 \log f^2 d\gamma - \int_{\mathbb{R}^n} f^2 d\gamma \log \left( \int_{\mathbb{R}^n} f^2 d\gamma \right) \leq 2 \int_{\mathbb{R}^n} |\nabla f|^2 d\gamma. \quad (1)$$



*L. Gross*

By elementary convexity, the inequality expresses at a qualitative level that whenever  $\int_{\mathbb{R}^n} |\nabla f|^2 d\gamma < \infty$ , then  $f$  belongs to the Orlicz space  $L^2 \log L(\gamma)$ , thus part of the Sobolev

inequalities. After a simple, equivalent change of functions, the Gaussian logarithmic Sobolev inequality is expressed equivalently with respect to the Lebesgue measure  $\lambda_n$  as

$$\begin{aligned} \int_{\mathbb{R}^n} f^2 \log f^2 d\lambda_n - \int_{\mathbb{R}^n} f^2 d\lambda_n \log \left( \int_{\mathbb{R}^n} f^2 d\lambda_n \right) \\ \leq \frac{n}{2} \int_{\mathbb{R}^n} f^2 d\lambda_n \log \left( \frac{2}{n\pi e} \frac{\int_{\mathbb{R}^n} |\nabla f|^2 d\lambda_n}{\int_{\mathbb{R}^n} f^2 d\lambda_n} \right) \end{aligned} \quad (2)$$

for every smooth function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  such that  $\int_{\mathbb{R}^n} f^2 d\lambda_n < \infty$ .

It is however an important feature that the inequality (1) with respect to  $\gamma = \gamma_n$  and the constants therein do not depend on the dimension of the underlying state space. By the specific sub-additivity property of the entropy functional  $\int_{\mathbb{R}^n} f^2 \log f^2 d\gamma$ , the inequality actually tensorizes and reduces to the one-dimensional case. By affine transformations, the logarithmic Sobolev inequality (1) may be formulated for arbitrary Gaussian measures. Due to its dimension-free character, infinite dimensional Gaussian measures may also be considered. It is a simple matter to check that the inequality is sharp on the exponential functions  $f(x) = e^{\langle a, x \rangle - |a|^2}$ ,  $x \in \mathbb{R}^n$ , where  $a \in \mathbb{R}^n$ .

As already investigated by L. Gross, the logarithmic Sobolev inequality may also be considered for arbitrary probability measures  $\mu$  on the Borel sets of  $\mathbb{R}^n$ , asking whether there exists a (finite) constant  $C > 0$  such that, for every smooth function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  with  $\int_{\mathbb{R}^n} f^2 d\mu < \infty$ ,

$$\int_{\mathbb{R}^n} f^2 \log f^2 d\mu - \int_{\mathbb{R}^n} f^2 d\mu \log \left( \int_{\mathbb{R}^n} f^2 d\mu \right) \leq 2C \int_{\mathbb{R}^n} |\nabla f|^2 d\mu. \quad (3)$$

More general contexts may be considered as well, and since their discovery and promotion by L. Gross in the seventies, logarithmic Sobolev inequalities have become a central object of interest and study, in various contexts, information theory, Dirichlet spaces, finite and infinite dimensional diffusion operators, statistical mechanics, optimal transport and partial differential equations, convex geometry, Markov chains etc., where they prove as a most useful tool and property, with numerous applications and illustrations. An account on logarithmic Sobolev inequalities and their applications is the monograph [2].

For a given measure  $\mu$ , a natural issue is to try to determine conditions under which it satisfies such a logarithmic Sobolev inequality (3), or to express necessary conditions for the inequality to hold true. To the latter question raised by L. Gross, I. Herbst showed, in an unpublished letter to L. Gross attached at the end of this note (courtesy of Professor Gross), that if a probability measure  $\mu$  on the real line satisfies (3), then it must be strongly integrable as Gaussians, namely there exists  $\alpha > 0$  (depending on  $C$ ) such that

$$\int_{\mathbb{R}} e^{\alpha x^2} d\mu < \infty. \quad (4)$$

The argument outlined by I. Herbst in his letter amounts to apply the logarithmic Sobolev inequality to a (truncated) exponential  $e^{\lambda x^2}$  to deduce a differential inequality on  $\int_{\mathbb{R}} e^{\lambda x^2} d\mu$  in  $\lambda > 0$  which may be suitably integrated to yield the result.



*I. Herbst*

## 1 The Herbst argument

The argument sketched by I. Herbst was taken up again following the same steps by E. Davies and B. Simon [4] in the context of Schrödinger operators and Dirichlet Laplacians. In the landmark contribution [1], S. Aida, T. Masuda, I. Shigekawa broaden the investigation to Lipschitz functions on Dirichlet spaces, and reached in particular the following neat statement.

Assume that  $\mu$  satisfies the logarithmic Sobolev inequality (3). Whenever  $F : \mathbb{R}^n \rightarrow \mathbb{R}$  is Lipschitz with Lipschitz coefficient  $\|F\|_{\text{Lip}}$ , then  $\int_{\mathbb{R}^n} F^2 d\mu < \infty$  and for every  $\alpha < \frac{1}{2C\|F\|_{\text{Lip}}^2}$ ,

$$\int_{\mathbb{R}^n} e^{\alpha F^2} d\mu \leq \exp \left( \frac{\alpha}{1 - 2\alpha C\|F\|_{\text{Lip}}^2} \int_{\mathbb{R}^n} F^2 d\mu \right). \quad (5)$$

The condition  $\alpha < \frac{1}{2C\|F\|_{\text{Lip}}^2}$  is sharp on the example of  $F(x) = x$  on the real line with respect to the standard Gaussian measure  $\gamma$ .

The proof, following the early intuition by I. Herbst, amounts to apply the logarithmic Sobolev inequality to  $e^{\lambda F^2}$  to derive a differential inequality on  $\int_{\mathbb{R}^n} e^{\lambda F^2} d\mu$  as a function of  $\lambda$ . At a technical level, the proof should take care of the prior existence of the various integrals

after a suitable smooth truncation of  $F$ , carefully discussed in [1] (basically, work first with a smooth regularization of  $\min(\max(F, -k), k)$ ,  $k \geq 1$ ). Set then  $u(\lambda) = \int_{\mathbb{R}^n} e^{\lambda F^2} d\mu$ ,  $\lambda \in \mathbb{R}$ , and apply the logarithmic Sobolev inequality (3) to  $f^2 = e^{\lambda F^2}$  so to get that

$$\begin{aligned} \lambda \int_{\mathbb{R}^n} F^2 e^{\lambda F^2} d\mu - u(\lambda) \log u(\lambda) &\leq 2C\lambda^2 \int_{\mathbb{R}^n} |\nabla F|^2 F^2 e^{\lambda F^2} d\mu \\ &\leq 2C\lambda^2 \|F\|_{\text{Lip}}^2 \int_{\mathbb{R}^n} F^2 e^{\lambda F^2} d\mu \end{aligned}$$

since  $|\nabla F| \leq \|F\|_{\text{Lip}}$  (whenever  $F$  is smooth). Now  $\int_{\mathbb{R}^n} F^2 e^{\lambda F^2} d\mu = u'(\lambda)$ , so that the latter yields the first order differential inequality

$$\lambda(1 - 2C\lambda\|F\|_{\text{Lip}}^2)u'(\lambda) \leq u(\lambda) \log u(\lambda), \quad \lambda \in \mathbb{R},$$

which, after some care, may be integrated to produce the announced claim (5).

## 2 The Herbst argument on Laplace transforms

It turns out that applying the preceding strategy to rather  $e^{\lambda F}$  yields a more simple calculus on the Laplace transform  $\int_{\mathbb{R}^n} e^{\lambda F} d\mu$ ,  $\lambda \in \mathbb{R}$ , of  $F$ , with derivations of sharp bounds [6]. Let indeed  $v(\lambda) = \int_{\mathbb{R}^n} e^{\lambda F} d\mu$ ,  $\lambda \in \mathbb{R}$  (considering first, as before, a smooth truncation of  $F$  in order for all the integrals to be well-defined). Applying the logarithmic Sobolev inequality (3) to  $f^2 = e^{\lambda F}$ , it holds true that

$$\lambda \int_{\mathbb{R}^n} F e^{\lambda F} d\mu - v(\lambda) \log v(\lambda) \leq \frac{C\lambda^2}{2} \int_{\mathbb{R}^n} |\nabla F|^2 e^{\lambda F} d\mu \leq \frac{C\lambda^2}{2} \|F\|_{\text{Lip}}^2 v(\lambda).$$

Now  $\int_{\mathbb{R}^n} F e^{\lambda F} d\mu = v'(\lambda)$  resulting into the simple first order differential inequality

$$\lambda v'(\lambda) \leq v(\lambda) \log v(\lambda) + \frac{C\lambda^2}{2} \|F\|_{\text{Lip}}^2 v(\lambda)$$

in  $\lambda \in \mathbb{R}$ . This inequality is easily integrated. Indeed, setting for example  $w(\lambda) = \frac{1}{\lambda} \log v(\lambda)$ ,  $\lambda \in \mathbb{R}$ ,  $w(0) = \int_{\mathbb{R}^n} F d\mu$ , the preceding simply expresses that

$$w'(\lambda) \leq \frac{C}{2} \|F\|_{\text{Lip}}^2, \quad \lambda \in \mathbb{R}.$$

Hence  $\log v(\lambda) \leq \lambda w(0) + \frac{C}{2} \|F\|_{\text{Lip}}^2 \lambda^2$ , that is

$$v(\lambda) = \int_{\mathbb{R}^n} e^{\lambda F} d\mu \leq e^{\lambda \int_{\mathbb{R}^n} F d\mu + \frac{C}{2} \|F\|_{\text{Lip}}^2 \lambda^2}, \quad \lambda \in \mathbb{R} \tag{6}$$

(with the prior observation that  $F$  is integrable). This conclusion is fully optimal as the function  $F(x) = x$  on the real line achieves equality under the standard Gaussian measure  $\gamma_1$ .

The Laplace bounds (6) may be compared to the conclusion (5) from [1]. To this task, assume (for simplicity) that  $\int_{\mathbb{R}^n} F d\mu = 0$ , and write

$$e^{\alpha F^2} = \int_{\mathbb{R}} e^{t\sqrt{2\alpha}F} d\gamma_1(t)$$

so that, by Fubini's theorem and the application of (6),

$$\begin{aligned} \int_{\mathbb{R}^n} e^{\alpha F^2} d\mu &= \int_{\mathbb{R}} \left( \int_{\mathbb{R}^n} e^{t\sqrt{2\alpha}F} d\mu \right) d\gamma_1(t) \\ &\leq \int_{\mathbb{R}} e^{C\alpha\|F\|_{\text{Lip}}^2 t^2} d\gamma(t) \\ &= \frac{1}{\sqrt{1 - 2C\alpha\|F\|_{\text{Lip}}^2}} \end{aligned} \tag{7}$$

provided that  $\alpha < \frac{1}{2C\|F\|_{\text{Lip}}^2}$ , a condition which coincides with the one in (5). For a more precise comparison with the latter, by the Poincaré inequality (consequence itself of the logarithmic Sobolev inequality, cf. [2]), if  $\int_{\mathbb{R}^n} F d\mu = 0$ ,

$$\int_{\mathbb{R}^n} F^2 d\mu \leq C \int_{\mathbb{R}^n} |\nabla F|^2 d\mu \leq C\|F\|_{\text{Lip}}^2.$$

Therefore (5) yields

$$\int_{\mathbb{R}^n} e^{\alpha F^2} d\mu \leq \exp\left(\frac{\alpha C\|F\|_{\text{Lip}}^2}{1 - 2\alpha C\|F\|_{\text{Lip}}^2}\right),$$

a weaker bound than (7).

### 3 Logarithmic Sobolev inequalities and concentration of measure

The Laplace bounds (6), achieved under the logarithmic Sobolev inequality (3), are a prototypical illustration of (Gaussian) concentration inequalities. Namely, for a given Lipschitz function  $F : \mathbb{R}^n \rightarrow \mathbb{R}$ , under the logarithmic Sobolev inequality (3),  $F$  is integrable with respect to  $\mu$  and (6) reads

$$\int_{\mathbb{R}^n} e^{\lambda(F - \int_{\mathbb{R}^n} F d\mu)} d\mu \leq e^{\frac{C}{2}\|F\|_{\text{Lip}}^2 \lambda^2}, \quad \lambda \in \mathbb{R}.$$

Hence, by Markov's inequality, for every  $\lambda, t > 0$ ,

$$\mu\left(F - \int_{\mathbb{R}^n} F d\mu \geq t\right) \leq e^{-\lambda t + \frac{C}{2} \|F\|_{\text{Lip}}^2 \lambda^2}$$

which, after optimization in  $\lambda$  ( $\lambda = \frac{t}{C\|F\|_{\text{Lip}}^2}$ ) yields

$$\mu\left(F - \int_{\mathbb{R}^n} F d\mu \geq t\right) \leq e^{-\frac{t^2}{2C\|F\|_{\text{Lip}}^2}} \quad (8)$$

for every  $t \geq 0$ .

Together with the same inequality for  $-F$  and the union bound, the deviation inequality (8) yields the concentration inequality<sup>1</sup>

$$\mu\left(\left|F - \int_{\mathbb{R}^n} F d\mu\right| \geq t\right) \leq 2e^{-\frac{t^2}{2C\|F\|_{\text{Lip}}^2}}, \quad t \geq 0. \quad (9)$$

Again, these exponential bounds are sharp on the Gaussian model.

These deviation and concentration inequalities derived from a logarithmic Sobolev inequality are the illustration of a general principle, labelled as “the Herbst argument” or the “entropy method”, from which numerous concentration inequalities may be achieved, discovered, or re-proved with elementary and more direct arguments, from logarithmic Sobolev inequalities or sub-additivity of entropy. An important feature of the approach is the production of dimension free concentration inequalities, a most attractive property in the study of high-dimensional systems and models. A (non-exhaustive) selection of applications and illustrations of these methods is presented in the course and monographs [7, 8, 3] (and the references therein), and more is still going on.

## References

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<sup>1</sup>Concentration inequalities may also be deduced from the bound (5) at the expense of extra and non-optimal factors.

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November 10, 1975

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Dear Leonard,

Our phone conversation prompted me to think about the following question: Does a Hamiltonian which is a Dirichlet form and which has a "mass gap" generate a hypercontractive semigroup? The answer is no, and one need not look very far for counter examples.

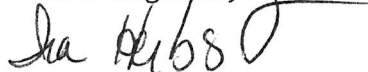
The enclosed Xerox shows that if  $H = -1/2 \Delta + V(x)$  then unless  $V$  grows at least as fast as  $x^2$  at  $\infty$ ,  $e^{-tH}$  cannot be hypercontractive. (An example which is easily calculated is  $V(x) = -\lambda \delta(x)$  in one dimension.)

However, the theorem on the Xerox suggests that one add the hypothesis that  $\phi(g)^2 \leq H + c_1$  for  $\|g\|_2 \leq c_2$  and then see what happens. (It may be, however, that one will discover many more additional consequences of hypercontractivity which must be added as hypotheses.)

It is interesting that the Gaussian case seems to be the critical point as far as decay of the measure is concerned.

If you find anything interesting, please let me know.

Best regards,



Ira Herbst

IH/ga

Enc.



Take the setting as you describe in Thm 6' of your paper on Log. Sob. Ineqs. except that

$$\langle Hf, g \rangle = \frac{1}{2} \int (\nabla f, \nabla \bar{g}) d\mu$$

the  $f$  and  $g$  are functions of finitely many variables which I consider to be time-zero fields  $\phi(g_i)$  with  $g_i \in L^2_{\text{real}}(\mathbb{R}^s)$ ,  $(g_i, g_j) = \delta_{ij}$ . Thus if  $\Omega(\phi) = 1$ ,

$$f = f(\phi(g_1), \dots, \phi(g_n)) \Omega$$

I assume  $\int |f|^2 \ln |f| d\mu \leq (2m)^{-1} \int |\nabla f|^2 d\mu + \|f\|_2^2 \ln \|f\|_2$  which corresponds to

$$\|e^{-tH}\|_{2,p} \leq 1 \text{ if } e^{-mt} \leq \sqrt{(p-1)/(p-1)}$$

as in the case of the Hamiltonian for a free Bose field of mass  $m$ .

Theorem: a) If  $\|g\|_2^2 < m$  then  $\Omega \in \mathcal{D}(e^{\frac{1}{2}\phi(g)^2})$  and

$$\log(\Omega, e^{\phi(g)^2} \Omega) \leq (1 - \|g\|_2^2/m)^{-1} \langle \Omega, \phi(g)^2 \Omega \rangle$$

b) If  $\|g\|_2^2 < m^2/2$  then

$$\phi(g)^2 \leq H + \langle \Omega, \phi(g)^2 \Omega \rangle \left(1 - \frac{2\|g\|_2^2}{m^2}\right)^{-1}$$

as quadratic forms.

The theorem is rigorous but not the proof

Sketch of proof: a) The following can be justified with a messier computation: Let  $f = e^{\lambda/2 x^2}$ ,  $Q(\lambda) = \int e^{\lambda x^2} d\mu$

and plug into  $\int |f|^2 \ln |f| d\mu \leq (2m)^{-1} \int |f|^2 d\mu + \|f\|^2 \ln \|f\|$  to get

$$(\lambda - \lambda^2/m) \frac{dQ}{d\lambda} \leq Q \ln Q$$

Of  $H = \ln Q$  we get

$$\ln H(\lambda) \leq \ln H(\epsilon) + \int_{\epsilon}^{\lambda} \frac{1}{s(1-s/m)} ds, \quad \lambda > \epsilon > 0.$$

$$\text{or } H(\lambda) \leq H(\epsilon) \frac{\lambda}{1-\lambda/m} \frac{1-\epsilon/m}{\epsilon} \xrightarrow{\epsilon \rightarrow 0} \lambda \frac{\langle x^2 \rangle}{1-\lambda/m}$$

So

$$Q(\lambda) \leq e^{\lambda \frac{\langle x^2 \rangle}{1-\lambda/m}}$$

b) Go to Euclidean fields and write a Feynman-Kac formula for

$$(\Omega, e^{-T(H-\phi(\Phi)^2)} \Omega) = \int d\mu_E e^{\int_0^T \phi(\Phi)^2(t) dt}$$

Use the sandwich estimate of GRS and Jensen's inequality to get (with  $T = (N+1)l$ )

$$\leq \left( \int d\mu e^{l p(l) \phi(\Phi)^2} \right)^{\frac{N+1}{p(l)}}$$

with  $p(l) = 2(1-e^{-ml})^{-1}$ . Calculate  $\lim_{T \rightarrow \infty} \frac{1}{T} \log (\Omega, e^{-T(H-\phi(\Phi)^2)} \Omega)$

and then let  $l \rightarrow 0$ .